

For Leaders, By Leaders

Leader In Me Takes Root at Downey School

By Sydni Dailey, Sy'riah Sukluki, Lealani Lopez

We have something important to tell you, so listen up!

This has been a big year for Downey. We have a new principal named Mr. Peck and we became the first leader in me school in Harrisburg! This week we are going to be "proactive" and "put first things first," by telling you about what difference these habits are making at Downey.

When we asked our new principal, Mr. Peck, about the first two habits in his life, he said, "I always have a plan before I begin something." He said he's working on seek first to understand then to be understood. Mrs. Veeta's favorite habit is synergize, because she loves to work with others; she wants to work more on being proactive.

Cashaie, from Mrs. Conrad-White's 1st grade class, says that being proactive is helping her listen and be good. Malachi is being proactive by helping friends and listening. 2nd grader, named Savier, from Mrs. Jackson's class said that being proactive helps him to be in charge of himself and his learning. When we asked Mrs. Dalinsky's third grade class about what they've learned about being proactive, Amir told us that he is learning that if he worries about himself and thinks wisely, he will stay out of trouble. He thinks that as his class is learning to be proactive and put first things first, it is changing everything in his classroom. Gianni agreed, and said "I am learning to plan ahead and not waste time."

Downey reporter, Laelani, explained, "Being proactive means that I should not take control of others." Staff writer, Sydni, said, "Begin with the end in mind means to have a plan when we

are trying to solve a mystery and it also helps when we are playing man hunt." According to Columnist, Syriah, being proactive means that "when people are fighting, or talking about someone, I don't get into it, instead I tell the teacher. When I begin with the end in mind if I want to buy a soda that is 35 cents I wait till Sunday because I always get a \$1 from church. It also means to me is when ever I want to buy a toy or some candy and I don't have enough money, I try to make enough money by making lemonade or plan a yard sale."

As Downey staff and students are learning to be proactive and to begin with the end in mind, we know that this is going to be a good year for Downey!

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Thanksgiving Poll

By Diamond Neely and Anthony Hargrove

Thanksgiving is a holiday when people travel, see family, eat, and are thankful about things. We asked different people how they celebrate this holiday.

How do you celebrate Thanksgiving?

Diamond Neely (Downey 4th grade student): Before Thanksgiving I go to my grandma's house and help prepare food and after Thanksgiving I have a family day where we eat and play games.

Anthony Hargrove (Downey 4th grade student): I eat turkey and see family members.

Ashley Nace (Junior at Messiah College): Each year for Thanksgiving I either go to my grandma's or my aunt's house to feast and spend the whole day with my relatives. We do things together like play board games if it's cold outside, or play wiffleball if it is sunny. It is a fun holiday that reminds us to be thankful for all of our blessings.

Mr. Andolina (Messiah student

teacher at Downey): My favorite part about Thanksgiving is watching the Macy's Day Parade on television. For several hours, I sit in front of the television and watch the parade as my Mom and Dad cook in the kitchen. We eat dinner together and I always eat too much. My favorite food to eat for Thanksgiving is bread!

Mr. Tanner (Senior at Messiah College): On Thanksgiving I like to eat lots of turkey and spend time with my family. Sometimes I eat so much I fall asleep. My favorite part of the day is watching the parade on the couch with my mom.

Mrs. Troutman (Downey 4th grade teacher): For the last two years, I have had Thanksgiving dinner in my house. I like having it at my house because I get to see a lot of my family and we don't have to travel. My favorite part is that Mia gets to play with her cousins.

Jaydeliz Rivera (Downey 4th grade student): In the past, my family has flown to Puerto Rico for Thanksgiving. I go to my grandma's house and she makes turkey, rice, and potatoes. When I am done eating we go outside and see fireworks. Then we go to my aunt's house and we see


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many family members. That's how I celebrate Thanksgiving!

Mr. Peck (Downey principal): I

travel to New Jersey for Thanksgiving. I enjoy eating dinner, watching football, and playing football.

What's Happening at Downey

Election for Mayor

By Taisha Rodriguez

The election to vote for a new mayor was on Tuesday, November 5th. The mayor that was replaced was Linda D. Thompson. The two main candidates were Daniel C. Miller and Eric Papenfuse.

Daniel C. Miller is the Harrisburg City Controller and a member of the Harrisburg City Council. Daniel was born in Harrisburg, PA and is a democrat.

One of his goals is to improve our children's schools.

Eric Papenfuse is the owner of Midtown Scholar Bookstore and a former public school teacher. He was born in Maryland and is a democrat. His catchphrase is "Together We Can." His goal is to make Harrisburg a safe and nurturing city.

The result of the election is that Eric Papenfuse won, and he is our new mayor!



Daniel C. Miller



Eric Papenfuse



Sydni Dailey works eagerly on an article

Explore After School Programs

By Jaydeliz P. Matas Rivera

Explore is an afterschool program that many kids from kindergarten to fourth grade go to everyday. We do a lot of fun activities and can join really fun groups. Here are a few of the groups that you can be a part of.

Cooking Group:

The cooking group at explore is very fun because you get to do a lot of cooking and tasting. For example, we were taught how to make lemon lime popcorn, spicy popcorn, and cinnamon popcorn. It was easy and you can learn a lot more about cooking by joining this group. Cooking class is very fun!

Cheerleading Group:

In the cheerleading class it is important to pay attention to stay safe and learn how to follow the beat. If you want to be a part of this group you need to pay attention and follow the beat!

Sports:

In explore a lot of children like playing sports, especially the boys. Girls are also interested in sports. The sports that we play at Explore are basketball, football, kickball, softball, and many more. We play all kinds of sports and it is very fun!

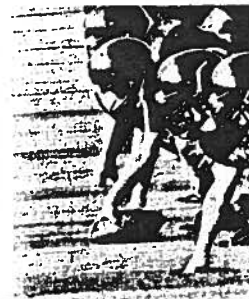
Sports

The Rules of Football

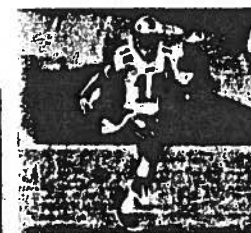
By Nia Burrell, Tanyha Patterson, Nevaeh Quinones, Aaron Jones, Jeison Maldonado & Tyler

We are writing the rules, so you can know how to play. We will make it easy for you. You can't fight people when you play. There is no kicking, clipping, or grabbing the facemask allowed in football. If you don't follow the rules you could get suspended. You score by running a touchdown for six points and get another point for kicking it through the field goal, but field goals are three points other times. Girls don't play football much because boys play it and

they might get hurt. When you play, you should drink lots of water. That's not a rule, but it's important.



The Best Football Players



DeSean Jackson, Eagles player

By Nia Burrell, Tanyha Patterson, Nevaeh Quinones, Aaron Jones, Jeison Maldonado & Tyler

These are the highlights of the

best players. They are so good that you should know who they are.

DeSean Jackson plays for the Philadelphia Eagles and he wears number ten on the field. He can run the punt returns. He always scores every time the quarterback throws it to him. He can run fast, and he always breaks people's ankles.

Robert Griffin III is a quarterback from the Redskins and he is number ten. He can throw really far. He runs fast when he has to. He also breaks people's ankles.

Continued on next page ->

For Leaders, By Leaders

Literature & Art

A Poem About Halloween

A Poem About Halloween
Illustrated by Darrel Meredith

Written by Nicole Rivera

I like Halloween because I eat candy
 I like to dress up and trick or treat
 In 2012, I went to a party
 That's why I like Halloween
 One year I was Drackulara
 Which was fun, while drinking soda
 And that's why
 I like Halloween



A Poem About Harlem

by Bra'Kye Smith-Tucker

By Shawn McClure

A place where you can find hope,
 And up the street brown skinned girls jump
 rope.
 A lot of people around eating soul food,
 Because it puts you in a good mood.
 Harlem is jazz,
 Every note is filled with pizazz.
 Some people go to the Cotton Club to hear
 the words
 That Duke has spoken.
 That anybody could have wrotten.

I walked down the street,
 Full of beat.

Then came home smelling stinky feet.
 My mom was uptown getting food for me and
 my sister to eat.

My mom likes gospel.

I don't.

I play baseball.

She don't.

My sister is sassy.

I'm not.

Me and my sister play double Dutch.

My dad does not.

Butterflies fly, but you don't.

How would you know?

The End.

Spring

Written by Jamilette Carrero

I like butterflies.
 Working in the garden,
 And flowers.
 I mostly like the strawberries
 That I plant in my mom's garden,
 And the black beans
 That my mom makes
 With rice and chicken.



Spring
Illustrated by Sa'yvion
Johnson

Continued from Best Football Players...

Aaron Rodgers plays for the Green Bay Packers. He can throw far and he is a good quar-



terback.

Colin Kaepernick has a lot of tattoos and plays for the San Francisco 49ers. He can throw far and is patient with the ball.

By Nia Burrell, Tanyha Patterson, Nevaeh Quinones, Aaron Jones, Jelson Maldonado & Tyler

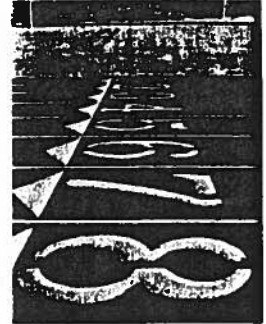
Nia: My favorite sport is soccer because it is athletic and it helps you get better at other athletic things.

Tanyha & Nevaeh: We love track. It's fun. We love running the 50s and the 100s, but the 200s, 800s, and the mile are too much for us. Sometimes we like them, but sometimes we don't because it makes our legs hurt.

Aaron: Basketball is my favorite sport because you can dunk on your opponent on purpose and make three-pointers in their face. You can score on your opponent. I like to help my team out and stretch before the game.

Jelson: I like basketball because

Favorite Sports



it is fun. Like scoring 3 pointers. I like playing with my friends. I like dribbling and scoring.

Tyler: Baseball is my favorite sport because you can make a home run outside the park. You can slide and hit the ball too.

Super Bowl Predictions

By Nia Burrell, Tanyha Patterson, Nevaeh Quinones, Aaron Jones, Jelson Maldonado & Tyler

We are writing about our opinions about who should go to the Super Bowl. The Eagles from Philadelphia are going to the Super Bowl because they are a

good team and better than other teams in the NFL. The Red Skins are not so good. The Chiefs will also make it to the Super Bowl because they are undefeated this year. We don't know who will win, but both teams will go because they are good.

Interviews

By Brianna Bynoe, Ikram Cheknam, Ruklem Cuellar, Tyler, Jasmin Sims, Jaraya Washington, Victoria Croft
Mr. Peck

How is your year here?
Students, staff and family are great

What does it feel like to be in charge of a school?
It's exciting because you get to make decisions for students and you get to help everybody

What do you like about Downey?
How everybody is involved—the students, staff and teachers.

You have been principal of elementary, middle, and high schools. Which do you like best?
I like elementary school best.

How many people are in your family?
I have five members in my family and a dog.

Which habit do you use the most?
I use "Begin with the End in Mind" the most.

Which habit do you need to work on?
I need to work on "Seek first to understand, then to be understood"

What changes do you think need to be made?
I think we need to create more leadership opportunities for students.

Are you satisfied with being



Mr. Peck djing at the Monster Mash Dance

a principal?
Yes, I am.

Are you satisfied with your students?
Yes, I am.

Are you satisfied with Downey?
Yes, I am.

Mrs. Williams

How many years have you been at Downey?
I have been at Downey for 19 years.

What do you like better about Downey compared to other schools where you worked?
I love Downey because the teachers and staff are very close. This school has great kids and caring parents and I think it's nice that almost all the students walk to school.

Do you like teaching the Seven Habits?
Yes because I believe it will be life changing for all students.

Which habit is most difficult for you? Why?
Williams: The fifth habit: "Seek first to understand then be understood" because it is hard to "LISTEN" when you want to be HEARD!

What could make Downey even better?
Positive attitudes from everyone! And hardworking students.

Have there been any changes at Downey in the years you have been here?
Yes! There have been six different principals, and teachers have come and gone. This year our school only goes up to 4th grade. Also, in 2005 our school was renovated. It had doubled in size. The cafeteria was also our gym!

Are you married? Do you have any kids?
Williams: I have two daughters that are in college. I have been married for 27 years.

Mrs. Hood

How many years have you been at Downey?
I have been at Downey for two years.

What do you like better about Downey compared to other schools where you have worked?
I like teaching 4th grade.

Do you like teaching about the Seven Habits?
Yes, because I like incorporating kids and things we've learned.

Which Habit is most difficult for you? Why?
"Sharpen the saw" because I'm always caring for everyone else.

What could make Downey even better?
We need to continue what we are doing.

Have there been any changes at Downey in the years you have been here?
I changed rooms and we became a kindergarten to fourth grade school.

What do you want the 4th grade students to know when they leave Downey next year?
Hood: Respect other peoples' differences and continue to learn



Downey Digest Newspaper

teacher?
I've been a teacher for 33 years.

How many years have you taught at Downey?
I've taught at Downey for 18 years.

How has Downey changed since you have been here?
It is much quieter without the 5th to 8th graders here.

How do you like the new principal?

I like him because he changed the school around and it is much more organized.

What do you like about Downey?
I like that it is a smaller school with younger children.

How do you use the Seven Habits?
I use the Seven Habits to teach my children a better life in education.

Where do you live?
I live in Palmyra with my husband and two dogs, Gunner and Gandy.

Do you have any children?
I have a grown daughter who lives in Oregon and two grandchildren named Sam and Iris. I will be visiting them over Christmas break.

together.

Are you married? Do you have kids?
I have been married for 18 years and have two daughters, one is thirteen and the other is eight years old.

Mrs. Krankowski

How long have you been a

Reviews



1st and 2nd graders enjoy some pumpkin bowling

Monster Bash Dance

By: Jaraya Washington, Laelani Lopez, Sydni Dailey, Nicole Rivera, Rakiem Cuellar and Jamilette Carrero

At the 3rd and 4th grade Monster Bash, people had a great time dancing with their friends. They played awesome songs like "Moves Like Jagger", "The Cha-Cha Slide", and "Hey Big

Girl." We earned the dance by following the Seven Habits. Mr. Whitaker was the DJ, and he set up a dance contest. There were bright and colorful lights and the costumes were off the hook. We had an excellent time.

I liked the dance because everyone got to go and have fun. Everyone had scary masks on and costumes on.



Friends dressed up and ready to dance at the Monster Mash!

Incentive Day

By: Jaraya Washington, Laelani Lopez, Sydni Dailey, Nicole Rivera, and Jamilette Carrero

While 3rd and 4th grade danced at the Monster Bash, 1st and 2nd graders enjoyed some of their own fall fun. Fun fall activities were planned that included leaf rubbing, pumpkin bowling, cookie decorating and spooky stories read by Mrs. Garner.

Mrs. Conrad-White thought the kids had a wonderful time. "I was amazed at how excited the kids were to bowl with pumpkins." Second graders Javon and

Jose both agreed that pumpkin bowling was their favorite activity of the day. "It was the first time I ever pumpkin bowled and I knocked some down!" said Jose.

Emani and Brianna both liked decorating fall cookies. Emani put icing and chocolate chips on her cookie, while Brianna put candy corn on her cookie. Brianna said, "That was the favorite part of my day because I got to decorate it myself. We hope that all the 1st and 2nd graders will be able to attend the Incentive for November."

School Lunches

By Brianna Bynoe, Ikram Cheknam, Rakiem Cuellar, Tyler, Jasmin Sims, Jaraya Washington, Victoria Croft

Jaraya
Last year's lunches were better than this year's. I wish it was last year.

Victoria
School lunches are sometimes good but there are certain lunches that I don't like, like cheese burgers. My old school wasn't much better. Their food was sometimes cold and once I found a hair in it. So this food is

nothing but they have the same thing over and over again but on different days. Their milk is sour and when it's expired it tastes like old tires. Rumors are people be saying that there was a mouse in the kitchen and they caught it with a pot, and they still use the pot. I don't like their lunches because they're sometimes burnt and their sauces don't taste like sauce. Their cheese burgers taste like they're half cooked. They need to give us ice cream for dessert.

Brianna
This year lunches are not as good

as last year's lunches. You know? The sauces are really yucky. Both school lunches are gross. They just keep having it over and over and over again. Do you feel me? Like that's a fact. Like I said, over and over and over again. The sweet and sour sauce is not sweet and sour. The grilled cheese sandwiches were burnt. Everybody got mad like for real mad.

Jasmin
I like the macaroni and cheese and the pizza from this year. Last year's food is nasty. They gave us burnt pizza and nasty broccoli

and sometimes burnt sausages that are very over cooked. Last year we did not have strawberry milk and we had burnt grilled cheese sandwiches and as I was saying the food was always burnt.

Ikram
I like last year's lunches because this year's lunches always have the same lunch. And last year had nice new lunch so I hope you have new lunches.

Tyler
I like the chicken nuggets and I don't like the cheese sandwiches

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